
BOOK CLUB QUESTIONS

NOTE FROM THE AUTHOR

Dear Readers,

I sincerely hope you enjoyed reading "Mama's Love Language." with your little ones. I'm deeply grateful that you chose this book to explore the heartwarming journey of Jade and her multicultural family. Through the story, we celebrate the beauty of diversity, family bonds, and the unique ways love can be expressed.

As you gather with your friends and other family members to discuss the book, preferably around the table with a homemade meal full of love, I hope the questions below will ignite thoughtful conversations and reflections on the themes woven into Jade's tale. Thank you for taking this journey with us.

Enjoy your discussion!

Elisa Stad

1. **Exploring Love Languages:** How does Jade's multicultural family express love differently from what she observes in her classmates' families? Does your own family have unique ways of showing affection? Can you share one example?
2. **Feeling Different:** Jade grapples with feelings of being different from her peers. Have you ever experienced a situation where you felt out of place or wanted to fit in with a particular group? How did you handle it?
3. **The Role of Food:** Food is a central theme in the book, symbolizing love and tradition in Jade's family. What are some special dishes or traditions in your own family that hold a similar significance?
4. **Conformity vs. Individuality:** Discuss Jade's initial desire to draw herself like her classmates. Have you ever tried to change something about yourself to fit in with a specific group? How did that experience shape you?
5. **Discovering Family History:** Jade learns about her mother's challenging upbringing in Vietnam. How does this newfound knowledge impact her perception of her mother's love language? Have you ever uncovered a family history that changed your perspective on a loved one?

6. **Celebrating Differences:** One of the key messages of the book is that being different is what makes us special. How can we apply this lesson in our own lives and promote diversity and inclusivity in our communities?
7. **Parental Roles:** Jade's father plays a crucial role in helping her understand and appreciate her mother's love language. How do the dynamics within Jade's family compare to those in your own?
8. **Embracing Cultural Diversity:** Reflect on the importance of cultural diversity and inclusivity as portrayed in the book. How can we actively foster these values in our own communities and families?
9. **Family Bonds:** The book underscores the importance of family bonds and understanding within a multicultural context. Share a personal experience where you've witnessed the strength of family ties or learned something new about a family member that deepened your connection.
10. **Key Takeaways:** "Mama's Love Language" ultimately tells a story of understanding, acceptance, and appreciation for differences. What practical life lessons do you think children can glean from Jade's journey?

Have more questions that you would like to ask the author?

Elisa offers a virtual 30-minute Q&A for book clubs.

Contact her at elisa@elisastad.com (link to contact) for available days and times.