



Hi, I'm Elisa Stad

CHILDHOOD STORYTELLER ABOUT THE
UNIVERSAL THEME OF BELONGING AND
THE BEAUTY OF CULTURAL DIVERSITY.

Celebrate culture with Elisa Stad. Childhood storytelling meets the boundless wonders of understanding relationships and belonging. It has been her lifelong dream to share stories with other children to help them better understand their community, history, family, friends, and empower our youth to shine.

"A fulfilling journey of self-acceptance." - Kirkus Reviews

"An invaluable resource for parenting." -Lucinda Katz, educator & retired head of Chicago Lab Schools & Marin Country Day School

"Mama's Love Language" is a heartwarming children's book that addresses the universal theme of belonging and the beauty of cultural diversity. Through Jade's story, children will learn that feeling different is universal and also something to be celebrated, and that love can come in many shapes and forms.





Mama's Love Language

Sometimes Love Tastes Like
Hainan Chicken Rice

The Flavor of Belonging in Culturally Diverse Families

Jade is a girl who lives in two worlds and, coming from a multicultural family, she's on a quest to understand her identity and where she truly belongs.

She is trying to find her place in the world but feels different from the other kids at school. Back home, Jade's parents have their unique approach to love and care. Sometimes Jade is embarrassed by Mama's accent and she can't understand why she is not just like any other mother she knows.

The real adventure unfolds when Jade starts rebelling against her mother's traditional ways of showing love, especially through food. It's a struggle that takes her on a path of discovery, as she learns about her family's rich heritage and her mother's challenging past in Vietnam and as an immigrant.

Jade then discovers that even though Mama doesn't hug or say I love you, the healing aroma of ginger, green onions, and chicken broth does.

"Mama's Love Language" is a heartwarming children's book that addresses the universal theme of belonging and the beauty of cultural diversity. Through Jade's story, children will learn that being different is not only okay but something to be celebrated, and that love can come in many shapes and forms.

This book is ideal for children the ages of 4-9



Elisa Stad

Elisa Stad, for the majority of her career, was a brand and international business executive for luxury goods and consumer product companies. After experiencing working in over 40 countries, she acquired a passion for globalization and the sharing of cultures based on her experiences. Elisa is also focused on inspiring the youth through her efforts in healthcare inequities through Stad Center of Pain, Palliative, and Integrative Medicine and serves on college boards at USC, UCSF and Harvard.

Elisa grew up in a mixed-race household, as a daughter of a Vietnamese refugee mother and American father. She grew up in a multicultural home, searching for identity. She also moved homes often in her childhood including to Asia and within the US to Idaho and California.

She always wanted to share with other young children the diversity of feelings and how we can celebrate our unique gifts. You can find her enjoying ballet, visiting local Asian street markets, practicing yoga, and focusing on her spiritual practice. Elisa lives in Southern California with her husband, 3 children and a bernedoodle.



TOPICS FOR DISCUSSION

The Power of Multicultural Narratives: Explore the importance of multicultural literature in children's books and the impact it has on young readers. Discuss how stories like "Mama's Love Language" can help children develop empathy, cultural awareness, and an appreciation for diversity.

Promoting Inclusivity and Understanding: Discuss how books like "Mama's Love Language" can be used as tools to promote inclusivity and understanding in schools, libraries, and homes. Explore the role of literature in starting conversations about cultural diversity and family dynamics.

PODCAST QUESTIONS

1. Can you tell us a bit about yourself and what inspired you to write "Mama's Love Language"?
2. Your book beautifully portrays the dynamics of a multicultural family. What message about diversity and inclusivity do you hope readers take away from your book?
3. Jade, the main character in your book, undergoes a significant journey of self-discovery. How did you approach developing her character, and what qualities in Jade do you believe resonate most with young readers?
4. Food plays a central role in your book as a symbol of love and tradition. Could you share your thoughts on the importance of cultural traditions and cuisine in fostering family connections?
5. Jade faces challenges in understanding her identity and her family's unique love language. What do you hope young readers can learn from Jade's journey in overcoming these challenges?
6. Your book is intended for children aged 4 to 9. How do you see it serving as an educational tool to promote discussions about multiculturalism and family dynamics in classrooms and homes?
7. The relationship between Jade and her parents is a central theme in your book. How do you think parents and caregivers can use your book to foster conversations about cultural diversity and love within their own families?
8. Are there any personal experiences or anecdotes from your own life that influenced the story or characters in "Mama's Love Language"?
9. Can you share insights into your creative process as an author, particularly when writing for young audiences? Are there any challenges or unique approaches you took for this book?
10. What can readers and listeners look forward to in your future projects? Are there any upcoming books or initiatives you'd like to share with us?



BOOK INFORMATION

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TARGET AUDIENCE

Audience A:

Children aged 4 to 9 who are beginning to understand concepts of family, love, and diversity.

Children who may come from multicultural or diverse backgrounds or have friends and classmates from diverse backgrounds.

Children who are curious about their own family's cultural heritage and traditions.

Audience B:

Parents, guardians, and caregivers who want to introduce their children to the ideas of cultural diversity, acceptance, and the unique ways in which love is expressed in different families.

Teachers and educators who can use the book as a teaching tool to promote discussions about diversity, identity, and family dynamics in the classroom.

Audience C:

Families who may not have personal experience with multicultural homes but are interested in gaining insights into the challenges and joys of such families. Individuals and communities looking to foster a greater understanding and appreciation of cultural diversity and inclusivity.

